



THIS ISSUE

Thank You Southeast Tennessee
EFSETN Team Farewell
Spring Recap
Programs
Education Access

REACH OUT!

If you need assistance for your seizure medications, neurology visits, or transportation, give us a call or shoot us an email.

Phone:
423-380-8545 Option 1

E-mail:
amininger@epilepsy-setn.org or
dsmith@epilepsy-setn.org

COFFEE & CONVERSATION

Wake up and smell the coffee with us at Coffee & Conversation every Wednesday! We will be at select location each week unless specified otherwise (sign up for our email for updates at www.epilepsy-setn.org).

No need to RSVP. Just show up! Pop in and pop out if you like, whatever is best for your schedule! Anyone who is impacted by epilepsy is welcome to attend. We can't wait to meet you! See you then.

A COMMUNITY THANK YOU!

As this fiscal year comes to a close, I want to say **thank you** to each and every one of you who supported our programs, events, and community. We have had a **tremendous** year and I am proud of the work of our staff, volunteers, board members, and constituents. Let me give you a 23/24 recap!

- 2260 **bike helmets** donated across our service area
- 100 **prescriptions** filled totaling \$4300
- \$9400 toward fulfilling **transportation** needs
- \$2000 toward **neurology** appointments and testing
- 12,200 individuals **trained/educated** on seizure first aid

Again, THANK YOU! We could not do this without the dedication and hard work of **our staff, volunteers, and donors**.

If you are interested in helping us to **sustain and further our programs**, please consider a one-time or recurring **donation**. Every bit of your donation stays in our local community and goes **directly** toward our programs, and every amount matters and helps us continue our support of those impacted by epilepsy! If you are interested in making a tax deductible donation, please visit our **donation website** by clicking below.

Yours Truly,

Angela Mininger-Ficca
Executive Director

Click to Donate >

SPRING RECAP



STUDIO-E

Our Studio-E Spring Session is off to a great start! It brings us great joy to see our students evolve into outstanding individuals, both artistically and personally.

Witnessing their growth season after season is always a rewarding experience.

For those interested in enrolling their child or teenager in Studio-E, please contact Angela Mininger at amininger@epilepsy-setn.org.



STRIKE-OUT EPILEPSY

Strike Out Epilepsy was spectacular again this summer at the AT&T Stadium as we watched the Lookouts vs. Birmingham Barons. We had a very special member of our community throw out the first pitch, Taylor Haggard's Family, founders of Do Good for Taylor. As a community we also walked the field, gave away helmets to kids that attended the game and educated others about epilepsy. We are hoping for a beautiful day like we had last year and of course, we can't wait to see you there next time for more food, fun & baseball!



EDUCATION/HELMET PROGRAM

As our fiscal year wraps up, our dedicated educator has tirelessly focused on enhancing community safety by distributing 2260 bike helmets to children in our service area. Additionally, she has diligently raised awareness among businesses, schools, hospitals, and public spaces about seizures, first-aid, and dispelling common misconceptions. This fiscal year, she has surpassed her target, reaching out to over 12,000 individuals!

UPCOMING

Visit www.efwesttn.com to keep up with our upcoming events!

MARK YOUR CALENDAR

- Red Wolves - Sept. 7, 2024
- Top Golf Fundraiser - Oct 2024 (TBD)
- Walk for Epilepsy - Nov. 9, 2024
- Chocolate Fling - March 1, 2025
- Strike Out Epilepsy - June 2025 (TBD)

Stay tuned on our social media and email for more information about when & where!

We can't wait to see you! For questions or to volunteer contact Angela Mininger-Ficca at amininger@epilepsy-setn.org

SUPPORT GROUP

Mark your calendars for our support group! Each group session will take place the first Thursday of each month from 6PM-7:15PM ET. Join us in making meaningful conversation, resource sharing, and hearing from guest speakers including neurologists, pharmacists, social workers and more!

Even if you have never joined a support group before we would love for you to join. No need to RSVP. We can't wait to get to know you! Check out www.efwesttn.com/services for the zoom link and for more information. E-mail amininger@epilepsy-setn.org if you have any technical difficulties.

EDUCATION & FIRST-AID ACCESS

We would like to inform our community partners, who have played a vital role in combating stigma and establishing safe environments for individuals with epilepsy, that we are transitioning to a predominantly digital format for education and first-aid training due to staffing adjustments. Although this approach differs from our previous in-person sessions, it offers accessibility from anywhere, at any time, allowing people to participate from the convenience of their homes or workplaces. To access the platform, please click the link below or visit our website directly.

[First-Aid Training Link](#) >

A FAREWELL



I also want to recognize and give a special thank you to two very important staff members that will no longer be with us after the middle of July and August. I have been so blessed to have these women working alongside me and they will be greatly missed. If you see them, please wish them well!

Devan Hughes has worked tirelessly to ensure our community is heard and that their needs are met. She has helped to grow our transportation program, filling over 160 requests for Uber and Carta, as well as gas cards. She has helped to nurture and grow our client-base, has offered a listening ear, and has always approached each person with compassion. Her impact at the Epilepsy Foundation SETN will be missed.

Victoria Norwood has taken her passion for community education and has grown our outreach program tremendously. Because of her hard work and initiative, she has helped to provide nearly 2300 bike helmets to children (and adults!) across the Southeast TN area. She has collaborated with organizations across town to build relationships and extend the reach of the Epilepsy Foundation. Her friendly approach and hard work will be missed.

As we look to build our team here in Chattanooga, please be patient with us. We stand behind our mission and will continue to reach out community to the best of our ability. And if you are interested in volunteering with the Epilepsy Foundation SETN, please reach out to Angela Ficca at amininger@epilepsy-sent.org.

We appreciate each and every one of you!

Sincerely,
Angela Ficca, Executive Director

COMMUNITY SPOTLIGHT



It's time for an incredible journey to kick off! On July 20th, Christy's Climb will begin their expedition to Mount Kilimanjaro. If you're unfamiliar with "Christy's Climb," let us introduce you to this amazing initiative!

This journey started when Christy Howard expressed her desire to climb Mount Kilimanjaro to her neurologist. His inspiring response was: LIVE YOUR LIFE! Regardless of daily challenges like epilepsy or any other obstacles, individuals still possess the strength to seize control of their lives and overcome adversity.

The goal is to motivate others to tap into their resilience, determination, and dreams. We are thrilled to witness this inspiring journey unfold in real-time, touching the hearts of people locally and globally.

Congratulations to Christy and James Howard, alongside their group of supportive family and friends. We wish you a safe and memorable trip and eagerly anticipate hearing all about it. Take a moment to watch the video below to learn more about this impactful journey.



THANK YOU TO OUR SPONSORS!

